

Double Lift System: Duplicate DL by SaysevenT - Video - DOWNLOAD

This is a great time to learn different techniques to do a double lift -- before a performance on camera or live.

Most people want to instantly perform a double lift, but the techniques taught require more than an instant.

Let me introduce you to another series from "**The double lift system**" by SaysevenT called "**Duplicate DL**".

This allows you to do a double lift with instant and natural movements.

The **Duplicate DL** is new feature teaching how to do different double lifts.

Bonus 2 routines

Don't just do a double -- you can do a triple!!

Available now

Download the video and start learning.